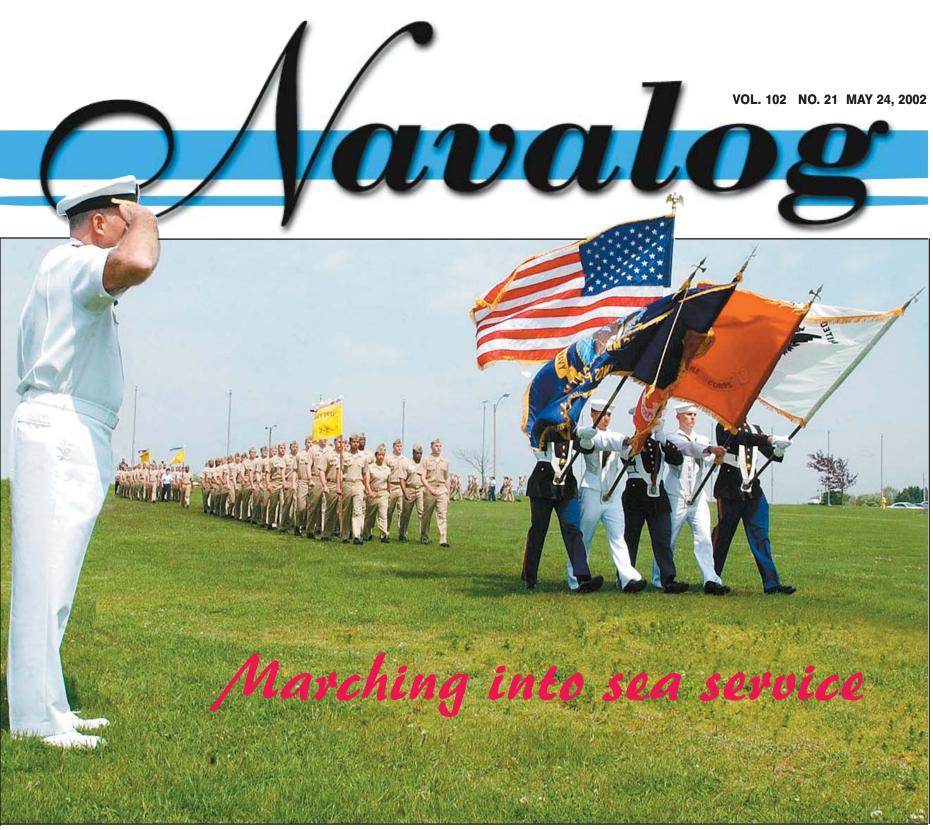
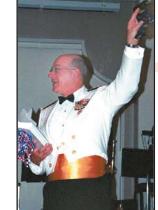
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BANNER DAY — Capt. Bruce S. Bole, left, salutes as the Naval Academy Prep School color guard leads the entire battalion of 256 midshipman candidates across Nimitz Field, Naval Station Newport, last Friday for the Class of 2002 Pass in Review. Graduation ceremonies were held last Satur-



Celebration for destroyers

About 325 attend the Destroyer Centennial Ball last Friday to salute the 100th anniversary of the 'Greyhounds of the



War College playing games

The College of Naval Command and Staff rules the Naval War Col-lege President's Cup competition for 2002.

— Pages 8 and 9



NACC salutes **Asian-Pacific**

The Naval Ambulatory Care Center hosts an Asian-Pacific American Heritage Month pro-

— Page 11

allpagesb.qxd 5/23/2002 1:31 PM Page 2



Ens. Jonathan Kehoe/U.S. Navy photo A HANDFUL of diehard visitors to Naval Station Newport walk down Pier 1 during torrential rain on Armed Forces will open the stone tower for public visitation conflict. Day last Saturday for a close-up view of the decommis- from 1 to 3 p.m. The tower offers a commandsioned aircraft carriers Saratoga and Forrestal. At left is ing view of Aquidneck Island and Narragansett day by Congress in 1971, and is officially cele-Genevieve Kehoe.

Navy to join ceremonies marking Memorial Day

Representatives of Newport area military commands will join local veterans organizations in observing Memorial Day, a federal holiday, on Monday.

The annual program is sponsored by the United Veterans Council of Newport County and the Newport American Legion.

The Col. William E. "Rich" Higgins Detachment, Newport County of the Marine Corps League, will start the day off at 10 a.m. with ceremonies at Perrotti Park, America's Cup Avenue. The park is the site of a Marine Corps memorial to Marines killed in Beirut and Grenada.

At 11 a.m. Newport Conover-Leary Post 406, VFW. will lead ceremonies at Storer Park at the foot of the Goat Island Causeway. VFW representatives will carry post and American flags to the water's edge where a Memorial Day reading will be given by Post Commander Leo Ayotte.

Veterans and family members will then toss flowers into the water in honor of those who made the ultimate sacrifice. The public is wel- who died in World War I.

retired Marine Corps lieutenant colonel, and mons. currently dean of academics and professor of

Company representatives, veterans organiza- oration Day, the observance was implemented tions and their auxiliaries, Rogers High School on May 30, 1868, with a proclamation by Gen. JROTC, clergy, city and legislative officials.

Matthews and Ayotte welcome the public to all oring soldiers killed in the Civil War with grave observances, and urge all citizens to fly or dissite decorations. play the American flag at their homes.

Bay. The park honored Newport native sons brated on the last Monday in May.

Memorial Day is the national recognition of

On this holiday, pause for moment...

All Americans are being asked to spend a Americans may ring a bell to signify the Moment of Remembrance on Memorial Day, beginning and the end of the moment or tune Monday, at 3 p.m., the White House Commis- in to a local radio station that is observing the sion on the National Moment of Remembrance event with the playing of *Taps*. said.

The observance will last one minute. intended to be a unifying act for Americans of to be an American.

The event will help reclaim Memorial Day for the noble and sacred reason for which it was intended — to honor those who died in service to our nation.

Participation is voluntary and informal. It may be observed privately, or organized in on Dec. 28, 2000. groups at such places as neighborhoods playgrounds, public pools, and picnic grounds.

Motorists in vehicles may turn on headlights. The Moment hopes to remind all Americans The Moment is not intended to replace the of the importance of remembering those who traditional Memorial Day observances. It's sacrificed for their freedom, and what it means

> It will provide Americans throughout the world an opportunity to join this expression of gratitude in an act of unity.

The White House Commission on the National Moment of Remembrance was established

The Moment has the personal support of the President of the United States.



national security at the Naval War College, will al the men and women of the uniformed services who have paid the supreme sacrifice in Expected to attend are Newport Artillery defense of our country. Initially known as Dec-John A. Logan, Commander in Chief of the United Veterans Council President Fred Grand Army of the Republic as a means of hon-

Over time, the honor and practice expanded The Miantonomi Memorial Park Commission to include all service-members killed in every

Memorial Day was declared a national holi-



Capt. Ruth A. Cooper **David Sanders Bob Krekorian Greg Kohlweiss** NAVSTA Public Affairs Officer NAVSTA Public Affairs Staff NAVSTA Public Affairs Staff NAVSTA Public Affairs Staff NAVSTA Public Affairs Staff

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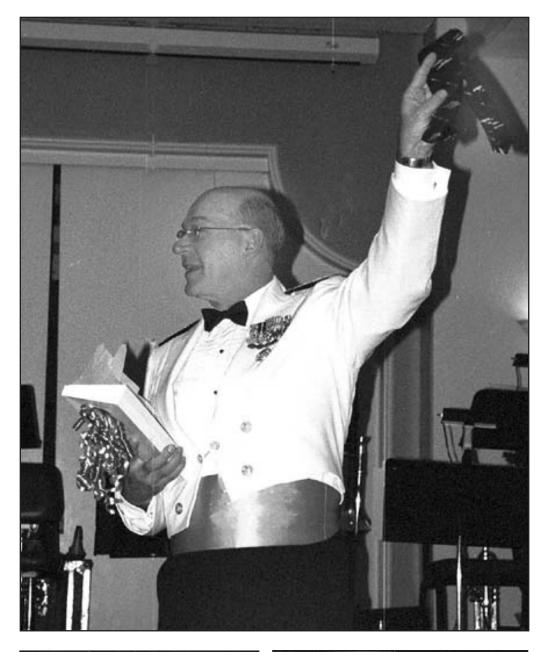
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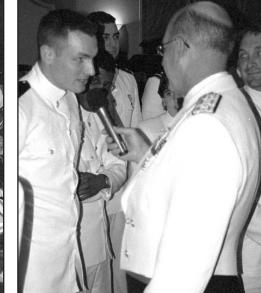
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Surface Warfare Officers School Division Officer Course; and the Northeast Navy



Showband pounds out music for dancing.



HAVING A BALL — About 325 persons turned out last Friday for the Destroyer Centennial Ball at the Officers' Club to celebrate the 100th anniversary of the class of warship nicknamed the 'Greyhounds of the Fleet.' Clockwise from top, Adm. Vern Clark, Chief of Naval Operations and guest speaker, shows off his gift destroyer centennial necktie; Adm. Clark interviews the newest graduates of the

189 ensigns ready for first sea duty

By LT. COLIN CHINN

SWOSDOC Public Affairs Officer

Graduation ceremonies were held last Friday in Spru- was awarded the Admiral ance Hall auditorium, Naval Arleigh Burke Award, the high-War College, for 189 junior offi- est award given to a Division cers who completed the Divi- Officer Course graduate. It is sion Officer Course curriculum given to the one student who is within the Surface Warfare nominated by his or her class-Officers School Command mates and the Division Officer (SWOSCOLCOM).

Oceanographer and Navigator tics and leadership as exempliof the Navy, was the guest fied in the common traits of speaker. Also in attendance successful leaders in the fleet. were Capt. Ronald Brinkley, Commanding SWOSCOLCOM; and Capt. was awarded the U.S. Navy David A. Labarbera, Director of League Achievement Award for DOC.

The mission of SWOSCOL- mance. COM is to provide a continuthe 16-week Division Officer curriculum. Course, junior officers learn

on board a ship. include: tactics and weapons, achieved the highest grademaintenance, administration point average in the Engineerand counseling, operations, ing portion of the curriculum. and maritime theory. The students also attended the Basic Officer Leadership Course as part of the leadership continuum and received five weeks of specialized engineering train-

After successfully completing the Division Officer Course, these graduates will attend specialty training to prepare them for their assigned ships.

Many of the graduates



this emergency number.

ber. You may find it a great source of comfort and hope.

It's Palm 91:1. Read it and

Fall River Seventh Day Adventist Church

demonstrated superior performance during the 16-week curriculum.

Ens. Darren E. Thompson Course Staff for exhibiting the Rear Adm. Richard D. West, finest professional characteris-

> Other graduates also earned Officer, recognition. Ens. Joe W. Baker professionalism and perfor-

Ens. Matthew C. Smith um of professional education achieved the highest grade and training in support of the point average overall and the Surface Navy and to prepare highest grade-point average in officers to serve at sea. During the Operations portion of the

Ens. Jason J. Sunderson the basic knowledge required achieved the highest gradeto serve as a division officers point average for the Combat Systems portion of the curricu-Specific areas covered lum; and Ens. Eric R. Akins

> Many Thanks to the **Aquidneck Island** Police, Fire & **Rescue Departments** for all your hard work taking care of us every day!

SEVENTH DAY ADVENTIST

In trouble? Remember

Try using God's 911 num-

the verses that follow.

2695 No. Main St., FR (508) 646-3506

FALL RIVER SEVENTH DAY **ADVENTIST** CHURCH (English Language)

2695 No. Main St., F.R. Bible Study Sat. 9:30 AM Worship Services Sat. 11 AM Wed. evening Bible Study 7:00 PM

508-646-3506



Rear Adm. Nancy J. Lescav-

Under

Lunch-Dinner

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ANY TWO

COMBO PLATTERS

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52 East Main Road

Middletown, RI 02840 (401) 847-8900

Expires 6/30/02

Hanson called upon the age, director, Navy Nurse

Gate 11 open Tuesday

Announcements

Road reconstruction and paving has been completed providing access to Pier Two via the Peary Street Extension, security officer Andrew Fales said.

In order to provide better station access from Defense Highway, effective May 28, Gate 11 will be open Monday through Friday, 6 a.m. to 6 p.m.

The Pier Two gate will be closed. Access to the pier will be via Gate 11, Anderson Street and Peary Street Exten-

The change should provide more convenient access to Naval Station Newport for all personnel. Recommendations and feedback should be forwarded to Fales at 841-3025 or the Operations Department officer at 841-2646.

Film Festival offers military discounts

The Newport International Film Festival (NIFF), scheduled to run from June 4-9, is offering a 20 percent discount to Navy personnel on any regular priced movie ticket (excluding opening, closing and outdoor screen-

Military members must show their IDs when purchasing tickets to receive the discount.

Tickets for the fifth annual festival will are on sale at the NIFF box office at 20 Long Wharf Mall, Newport. Box office hours before the week of the festival are noon to 5 p.m. daily. During the festival the box office will open daily at 10 a.m. and remain open until show time of the day's last film. (Box office hours during the festival are subject to change.)

Ticket prices range from \$10 to \$25.

Call 1-866-444-NIFF (6433) for special group rates of 10

Those interested in volunteering for the festival may call 1-401-831-2129 for details.

Medical service curtailed

Naval Health Care New England will be hosting a command function on June 26, therefore, all of the following clinics and ambulatory care centers will be on holiday routine: NACC Newport; Groton, Conn.; Portsmouth, N.H., Brunswick, Maine; and Balston Spa, N.Y.

Urgent care will be provided at each facility, with no routine appointments.

Peary Street is closed

for reconstruction, paving

The work is being done in three phases.

In the continuing effort to improve Naval Station Newport road conditions, a Public Works Department contractor has begun repaying Peary Street, David Preston, outage coordinator, said.

The first phase, started in April, will close Peary Street from the Chandler Street railroad tracks to Whipple Street until June 1.

The second phase, from Whipple Street to Gate 4, will be from June 3 to 15; and the third phase, from Gate 4 to Meyerkord Avenue, will be from June 17 to 29.

Gate 10 will be open 24 hours a day, seven days a week through Phase 1 to allow access to the Coddington Cove

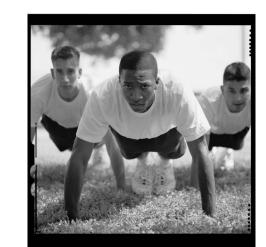
Gate 2 will be open from 6 a.m. to 6 p.m. All delivery vehicles, construction vehicles and Public Works vehicles must use this gate for access to the Coddington Point and Coddington Cove areas, such as the Navy Exchange, Commissary and Ney Hall galley.

In addition, the current detour for Chandler Street will remain. Signs will also be placed to help with traffic flow.

Blood drive welcomes military

Donors not only will be runs from 11:30 a.m. to 5:30 pletion.

Military personnel are invit- responding to one of the p.m. in the main room of the ed to enjoy a steak dinner and nation's most critical health Elks Hall at Pelham Street and collect a carnation – if they are care needs, but will be reward- Bellevue Boulevard. among the blood donors at the ed with a steak dinner and car- It takes only about 45 min-WADK radio/Elks Club spon- nations, courtesy of the drive utes to donate - from the sored blood drive on May 28. sponsors. The blood drive moment you register to com-



"Service

is a responsibility you

don't take lightly."

Service. A word we understand. We learn about it from our members, people like us who know what it means to serve in the military. USAA was founded over 80 years ago by military personnel for military personnel. We serve our members with an array of products and services that stretches from insurance to banking to investments. We even have a unique package of services designed to ease you through a PCS or deployment. And our member service is consistently rated the highest by a wide range of sources - including our members themselves, whether they're enlisted or officers, on active duty or in the National Guard or Reserves. At USAA, service isn't just a word. It's a way of life. Just ask around.

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Bravo zulu



HM2 Michael Duff/U.S. Navy photo **TEAM EFFORT** — Cutting the Navy Nurse Corps birthday cake on May 13, are from left, Capt. Kristine Hanson, Lt.j.g. Agnes Ambrosi, Lt. Elizabeth Tanner, Lt. Cmdr. Sandra Doucette, Lt. Cmdr. Gerard Mohan, and Capt. Mar- Nurse Corps officers in appre-

Chief retires and renews marriage vows in ceremony

By STGC ANDREW P. ROBILLARD SWOSCOLCOM PAO

The Surface Warfare Officers School Command wished Chief Electronic Warfare Technician (SW) Thaddeus D. Dziedzic "Fair Winds and Following Seas," as he transferred to the Fleet Reserve on May 10 after 24 years active service.

But what most in attendance expected to be a routine retirement ceremony, turned out orable.

Dziedzic presented an American flag which had flown over the USS Ari- School Command, on May 10. zona Memorial at Pearl charged his son to answer his Callas.

country's call, if needed. To his daughter, Phaedra, he wrote a beautiful sonnet.

wife of 18 years. Guest speaker for the retire- assignments, he was frocked to DZIEDZIC, Page 13



most unusual and memSWOS FAREWELL — Newly retired Chief Electronics Warfare Technician (SW) Thaddeus D. Dziedzic salutes as he passes through sideboys at Weakley Hall, Surface Warfare Officer

Harbor, to his son, T. J. He ment was Capt. Richard S. chief petty officer on Sept. 15, A native of Reading, Pa., Dziedzic began his naval ser- aboard USS Truett. vice at Recruit Training Com-

mand Great Lakes in Novem-Noticing a chaplain was pre- ber 1978. After initial and folsent, Dziedzic renewed his low on electronics training, he Death" operation, and Operamarriage vows with Karen, his accepted orders to USS Guam. tion Desert Storm.

After years of sea and shore

He later served three years

He completed several cruises in support of multinational training, the Libyan "Line-Of-

Navy nurses observe 94th

By CYNTHIA FLEMING NACC Newport Public Affairs Office

Navy Nurse Corps staff to join Corps said in a message to the Capt. Kristine J. Hanson, the her cutting the cake. She was fleet, "Thank you for all that senior nurse executive at Naval joined by Ambrosi, Lt. Eliza- you do every day in support of Ambulatory Care Center beth M. Tanner, Lt. Cmdr. Ger- our health care team, the (NACC), Newport, hosted the ard H. Mohan, Lt. Cmdr. San-department of defense, our celebration of the 94th birth- dra Doucette, and Capt. Mar- beneficiaries, and our great day of the Navy Nurse Corps in garet G. Wilson. the Command Conference

Room on May 13. Remarks were offered by Capt. Andre M. Greedan, NAC deputy commander; and congratulatory messages from the directors of the Navy Medical Corps, Medical Service Corps, Navy Nurse Corps, and the Force Master Chief of the Navy were read by various Nurse Corps officers.

Lt. j.g. Agnes I. Ambrosi presented Capt. Hanson, Director for Clinical Services, with a floral arrangement from the ciation for her leadership and

nation. God bless you all!" **MEDITERRANEAN FOOD** EAT-IN - TAKE-OUT - CATERING

New Management 10:00 AM-10:00 PM

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JUNE 3 - 4, 2002 9:00 AM - 4:00 PM

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Ethics and Warfare Dr. Charles Neimeyer, Naval War College

Ethics in Government

Tom Hughes, Washington-based Consultant

Registration Required For more information, call: 401-341-2241 or email: sruexten@salve.edu visit: www.salve.edu

Ticket Connection

See Broadway smash hit 'The Producers' in NYC

The Morale, Welfare and Recreation Department Ticket Connection has your ticket for a fabulous trip to see the Tony Awardwinning Broadway phenomenon, The Producers, on Saturday, March 1, 2003.

This trip would make a terrific gift for anyone and it will sell out, so get your tickets early!

Trip price is just \$160 per person and includes round trip motor coach transportation and a ticket to the 2 p.m. matinee sponsored by the United Veterperformance. Reserve your spot with a 50 percent deposit (balans Council of Newport Counance is due Jan. 31, 2003) at the Ticket Connection Office in the ty and Newport American Recreation Center, Building 656 today!

MWR reserves the right to limit ticket quantities and no refunds will be made for cancellations unless ticket can be noon at City Hall. resold. For more information, visit the Ticket Connection Office or call 841-3116.

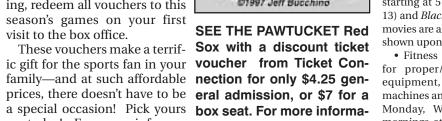
Ticket vouchers to see PawSox

You can catch terrific baseball action close to home in Pawtucket, R.I., at recently renovated McCoy Stadium!

The Ticket Connection, Building 656, has discount ticket vouchers for all regular season Pawtucket Red Sox home

General admission seat vouchers cost \$4.25 each and box seat vouchers are just \$7 each. For best available seating, redeem all vouchers to this season's games on your first visit to the box office.

up today! For more information, call 841-3116. tion, call 841-3116.





Take a walk on the wild side and experience the thrills, chills and hair-raising excitement of Six Flags New England, in Agawam, Mass.

The Ticket Connection, Building 656 has discount season vices: passes for the price of \$57, a \$6 savings. Purchase the pass and take it to the Six Flags New England customer relations office where you be issued a photo ID card. The season pass is good a.m. for unlimited visits to any Six Flags Park across the U.S. during the 2002 season. Stop in and buy your tickets to spectacular, summer fun today! For more information, call 841-3116.

New England Revolution boots up soccer season

The New England Revolution have begun their seventh season of major league soccer in the new CMGI field in Foxboro, Mass. Catch all of the action at a fraction of the cost by ordering your tickets through the Ticket Connection in Building 656.

game and seating category you choose.

Order now for the best available seating. Schedules are available at the Ticket Connection office. For more information call 841-3116.

What's going on

Navy joins city tribute to war dead

tives will speak at ceremonies Legion in observance of Memorial Day on Monday at

Attendees will include Newport Artillery Co., dressed in period uniforms from past wars, veterans organizations, Rogers High School JROTC, Newport clergy, city Council

and R.I. legislative officials. The public is invited. In case of rain, ceremonies will be held in city Council Chambers.

TODAY, May 24 • Armed Services YMCA:

— Parents Time Out 9-noon • Lunchtime BINGO, noon to 1 p.m. at the Recreation Center, Building 656! New game every 10 minutes Also Thursdays

• Movies at Recreation Center, Building 656. Shown upon request starting at 5 p.m., The Majestic (PG-13) and *Black Hawk Down (*R). Other movies are also available and may be

• Fitness Equipment Orientation for proper/safe use of Nautilus cardiovascular prices, there doesn't have to be **eral admission**, **or \$7 for a** machines and the free weights, every Monday, Wednesday and Friday mornings at 8, 9 and 10 a.m., FIT-NESS Plus, Building 355.

SATURDAY, May 25 • Kindermusik at Armed Services YMCA, spring semester runs every Saturday through June 8, for newborns to age 5. Call Terriann Lane at

SUNDAY, May 26 • Chapel of Hope worship ser-

— Catholic mass, 9 a.m. and noon — Protestant Services, 8 and 10:30

• Sunday Bowling, \$7 per hour, Seaview Bowling Lanes, Building 656. Gather your friends or family

and head over for hours of fun every Sunday. MONDAY, May 27 •Memorial Day, federal holiday,

Morale, Welfare and Recreation holidzy hours of operation. •Memorial Day observances: 10

a.m., Marine Corps League ceremonies, Perrotti Park; 11 a.m., New-Discounts range from \$2 to \$15 per ticket depending upon the port VFW Post ceremonies, Storer Park; noon, United Veterans Council of Newport County and Newport American Legion ceremonies, City Hall. Attendees to include Newport Artillery Co., veterans organizations,

Rogers High School JROTC, clergy, Workshop continues, 6 to 8:30 p.m., city and legislative officials. Fleet and Family Support Center. • WADK/Elks Club blood drive, Last of a five-session workshop Elks Hall, Pelham Street and Belle- designed for couples or individual vue Avenue, 11:30 a.m. - 5:30 p.m. who want to enrich their relation-

TUESDAY, May 28 • Fitness Walk and Tone, 8 to 9 a.m., Gym 109. New program Navy Newport representa- designed for patrons age 50 and up. Fleet and Family Support Center, • Intermediate Weight Training for Building 1260.

> and Wednesday, Gym 109. shop, 11:45 a.m. to 1 p.m., Fleet and • Free movies at Officers' Club, 6 Family Support Center, Building p.m. Monsters Inc. (PG-13); 8 p.m., Collateral Damage. (R).

WEDNESDAY, May 29

THURSDAY, May 30 • Sponsor Training, 9 to 11 a.m. • Investing in Your Future Work-Women," 9 to 10:30 a.m., Monday

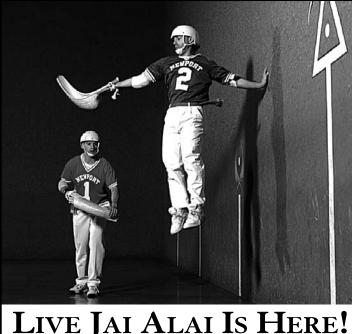
ships through effective communica-

1260. Learn information about mutual funds, IRAs, college tax cred-• Pawtucket Red Sox vs. Columbus its, 401ks and educational IRAs for Clippers, McCoy Stadium, 7:05 p.m. your children. • Homebuyers' Workshop, 7 to

8:30 p.m., Fleet and Family Support

COMPLETE SERVICE **IMPORTED** FOR ALL IMPORTED CARS A/C Conversions \$120 SPECIALISTS to 134 842-0110 FREE Pre-Inspection for A/C System 90 Admiral Kalbfus Rd., Newport Bob Ferreira, Proprietor Right Outside Gate 1 Exp May 31, 2002 OFFER VALID WITH THIS COUPON

Relationship Enhancement Center, Building 1260.



LIVE JAI ALAI IS HERE! Don't Miss This Off The Wall Action.



MATINEES: Sunday

@ 1:00 pm Saturday @ 12 noon

Friday

EVENINGS:

Thursday @ 7:00 pm @ 7:00 pm Saturday @ 7:00 pm

FREE Admission, Free Parking & Free preferred bettors clue 150 Admiral Kalbfus Rd., Newport, RI • 401-849-5000 • www.newportgrand.com Open daily at 10:00 a.m. • You must be 18 to be admitted

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Military members willing to sacrifice lives for freedom CHAPLAIN C. A. PICKETT NETC Command Chaplain

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allpagesb.qxd 5/23/2002 1:31 PM Page 8

FINAL BURST — From left, Maj. Christopher Tiernan, Cmdr. Jeff Gordon, and Lt. Col. Frank Cubillo break for the 5k finish line as President's Cup coordinator, Col. Jay Simpson, far left, looks

DOWN AND DIRTY — Staff

and Faculty third baseman

Capt. Pat Nash strains to throw to first from his

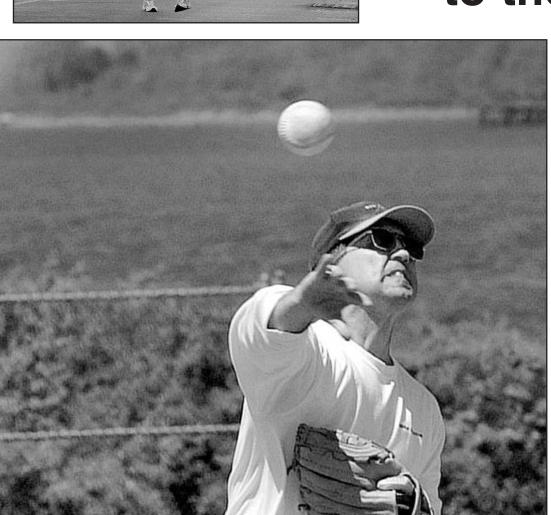
knees during a game at

Carr Point.



comes down





The College of Naval Command and Staff team captured a first place and two second places to take first place overall in the third and final round of the Naval War College President's Cup last Friday.

They faced teams from the Staff and Faculty, College of Naval Warfare, and Navy Warfare Development Command on the tennis courts at Gym 109, on the softball field at Carr Point, and a 5k run.

Staff and Faculty and College of Naval Warfare tied for second place overall.

Winter round events included bowling, volleyball, basketball and swimming. In the fall round, the teams squared off in golf, racquetball, soccer and sailing.

Points are awarded for each place in the events. Results from the third round are:

Tennis 1. Staff and Faculty

2. College of Naval Command and Staff

3. Navy Warfare Development Command

4. College of Naval Warfare Softball

1. College of Naval Command and Staff

2. College of Naval Warfare 3. Navy Warfare Development Command

4. Staff and Faculty

1. Staff and Faculty 2. College of Naval Command and Staff

3. College of Naval Warfare 4. Navy Warfare Develop-

ment Command Final 2002 standings:

College of Naval Command and Staff — 66 points Staff and Faculty — 60 points

College of Naval Warfare

-60 points

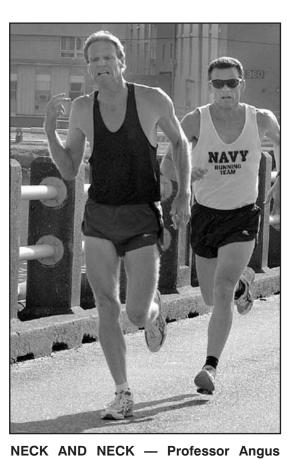
Navy Warfare Development



STRONG WORDS OF ENCOURAGEMENT — The Navy Warfare Development Command's Katie McMahon, left, provides a little encouragement for her teammate Theresa Newton in the 5k run.



MAJOR Agileo Ylanan Jr., College of Naval Command and Staff, makes a clean backhand return.

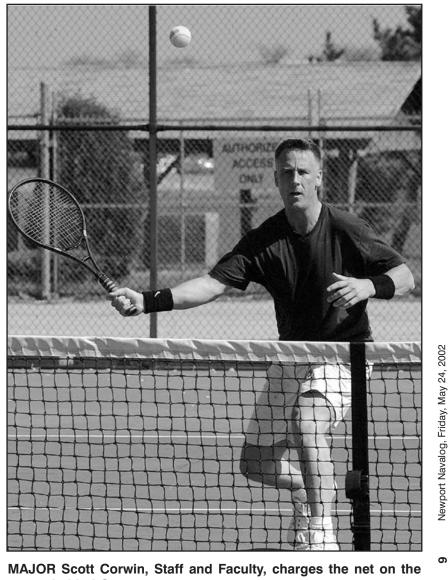


Ross, left, and Lt. Cmdr. Emmet Gathright keep it close as the cross the Coasters' Harbor Island Bridge during the 5k. Gathright was the top male runner with a time of 17:22 and Ross came in at 17:31.

PHC(AW) Jon Hockersmith/U.S. Navy photos



SQUEEZE PLAY — Operations Specialist Second Class Matt Levinson, center, tries to beat Maj. Chris Kolenda's throw to College of Naval Command and Staff teammate Lt. Cmdr. Sam Edwards, left.



courts behind Gym 109.

Command — 34 points

Tonight: 5 to 7 p.m. in Topside Pub:

opens at 4 p.m. p.m. Full pub menu available until 1 hour before closing.

Sunday: All hands Brunch, buffet-12:30 p.m. Reservations required.

style selections. Dinner, 5:30 to 8 p.m., Topside Pub Pasta Night. All-you-caneat fresh cooked pasta, salad and warm garlic bread. Pub opens at 4 p.m. On Tuesdays, free movies at 6 and 8 p.m. in the Topside

Wednesday: Lunch, 11 to 1:15 p.m., main dining room, buffet-style selections. Dinner, 5 to 7 p.m. Topside Pub, free Sliced Beef Sandwiches. Buy a beverage of your choice and receive a food token good for two sandwiches. Other opens at 4 p.m.

1:15 p.m., main dining Officers' Club. room, buffet-style selec-

fresh garden salads and buckets of you purchase your tickets. steamed clams with drawn butter. Pub opens at 4 p.m.

Upcoming Events:

Advance tickets are required for all events below. Gratuity is included in all tickets prices and there is no phone using Visa or MasterCard.

May 24: Deck opening party featuring DJ Lou Pazz, complimentary cookout, beer taste-test, fun for the whole family! Deck and Topside open at 4 p.m., and the cookout and tastetest runs from 5 to 7 p.m.

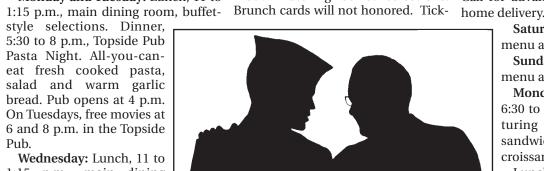
June 6: Mac Chrupcala entertains for Lobster Night. Join the local musician and his trio on the water view

June 14: Crab is King. This all-you-

(Building 95, Phone 841- cakes, crab salad, king crab lasagna, the Recreation Center, call 841-3054. crab del ray, and stuffed crab legs. The buffet menu also includes top round main dining room, buffet-style choic- of beef, fresh vegetables, scalloped potatoes and more.

The price is \$31.95 for adults, complimentary hors d'oeuvres. Pub \$11.45 for children age 4 to 12. Seatings are available from 5:30 to 9 p.m. Saturday: Topside Pub opens at 4 and must be requested at time of ticket purchase.

June 16: Father's Day Buffet. Treat dad to a special feast of opened-tostyle, main dining room, 10 a.m. to order blue point oysters, creamy clam p.m. chowder, prime rib and many other Monday and Tuesday: Lunch, 11 to mouth-watering buffet selections. Call for advance order take out. No



TREAT DAD to a special feast of opened-to-order civilians are always welcome. items also available. Pub blue point oysters, creamy clam chowder, prime Call for advance order takerib and many other mouth-watering buffet selec- out. No home delivery. Thursday: Lunch, 11 to tions at the Father's Day Buffet on June 16 at the Tuesday is "Taco Night," 5 to

FATHER'S DAY

tions. Dinner, 5 to 7 p.m., Topside ets are on sale now and cost \$24.95 for ents. Pub, Lobsters for Happy Hour. One- adults and \$8.95 for children 4 to 12. plus pound boiled lobsters, giant Seatings are available from 11 a.m. to to 8 p.m. Basket of chicken wings baked potatoes, hot and spicy wings, 2 p.m. and must be requested when

Enlisted Lounges (Building 656, phone 841-3054)

June 7: Looking for some Friday fun? Then you will certainly want to charge for children 3 and under at head over to the Recreation Center, special events. Tickets are available at Building 656 on Friday, June 7 for a "rising star in American Folk music."

Complimentary, cook-your-own able. hot dogs and hamburgers will be available beginning at 5 p.m. and Alton Rex will perform from 7 to 9:30 deck as you dine on our popular p.m. Mark your calendars and come Thursday night lobster special. It's a on down to the Rec Center for some super pre-weekend event for the music, food and fun at this must-see Friday night event!

For more information on Alton Rex, day, 9:30 a.m. to 6 p.m., and Sundays can-eat Alaskan king crab buffet fea- visit www.altonrex.com. For more 11 a.m. to 4 p.m.

turing crab bisque, homemade crab information on events taking place at

Today: Lunch served from 11 a.m. featuring sandwiches, burgers, soups and salads and creamy white New England-style clam chowder. Lunch is open to all hands and Department of Defense civilians are always welcome. Call for advance order take-out. No home delivery.

Also, enjoy complimentary unlimited use of the pool tables from 1 to 5

Tonight: 5 to 8, fish 'n chips dinner.

Saturday: 1 to 9 p.m., Pub menu available all day. Sunday: Noon to 8 p.m., Pub

menu available all day. Monday-Friday: Breakfast, 6:30 to 11 a.m., full menu featuring omelets, breakfast sandwiches, bagels, muffins,

croissants and pancakes. Lunch, begins at 11 a.m., daily specials and pub menu, including burgers, salads, sandwiches and more. Lunch and dinner is open to all hands and Department of Defense

8 p.m. Create your perfect taco using all your favorite ingredi-

Wednesday is "Wild Wings" Night, 5 (available three ways), fresh celery and blue cheese dipping sauce.

Thursday is our "Sizzling Sirloin Special," 5 to 8 p.m. Includes steak, french fries and salad.

Noble Roman's Pizza

(Building 1255, phone 851-2006) Breakfast, lunch and dinner menu. the Officers' Club Gift Shop during special music event, featuring Texas Dine-in, take out and home delivery normal hours of operation or by songwriter and musician, Alton Rex! to Navy family housing and Com-Come over, grab a chair on the deck bined Bachelor Housing Quarters and release the week's stresses as you evenings only. Open weekdays, 6:30 enjoy classic & contemporary country a.m. to 9 p.m.; Saturday from 10 a.m. folk music and original songs by this to 10 p.m.; and Sunday, 10 a.m. to 9 p.m. Also, Brevers Ice Cream avail-

Blimpie's Subs and Salads

(Navy Exchange Main Building) Lunch and dinner menu, dine-in or take out. No home delivery. Open NEX hours: Monday through Satur-

Auto Skills Shop

Cruise into spring with well-maintained vehicle 841-7196.)

Are your windshield wipers leaving streaks on your window? Do all your directional lights work properly? Maintenance on these items is often overlooked, mer Camp this season. but they are important to insure the safe

operation of your car. Visit the Auto Skills Shop, Building 304, and have your vehicles systems inspected today. The automotive professionals can check your windshield wipers, headlights, Navy family housing. brake lights and directionals to ensure

they are working correctly. The retail shop can order any parts you need to keep your vehicle in tip-top shape. It may be officially spring, but this is week that your child will attend is due quetball, squash and basketball courts. New England, so you will want to be sure upon registration. that your car is still in top condition to handle the variety of weather Mother

Nature throws our way. Remember, neglected car maintenance wastes money and could leave you stranded in the ele-The Auto Skills Shop is open Tuesday through Friday from 11 a.m. to 7 p.m. and on Saturday from 9 a.m. to 5 p.m. Call 841-3026 for more information.

Get grime off your car!

Get your vehicle in top spring shape with a visit to the indoor car wash bay at the Auto Skills Shop, Building 304.

For just \$2.50 you can safely wash your vehicle indoors instead of taking it through a potentially paint-damaging automatic car wash. If you just need to clean the inside of your car, make use of the powerful outdoor vacuums. They are available 24-hours a day and make keeping your car's interior clean easy!

For more information, call 841-3026.

Army Veterinary Clinic

Routine pet care available weekdays

The U. S. Army Veterinary Treatment Facility, Building 303, is open Monday through Friday from 8 a.m. to 4 p.m. and offers weekly clinics for routine pet care such as annual immunizations, heartworm testing, and medication and minor health issues.

For an appointment or more information, call 841-3994.

Please note that children under 12 are not allowed in the clinic and may not be left unattended outside the clinic.

Don't forget pets medical records

If you will be transferring soon, don't forget to stop by and pick up your pet's record from the U.S. Army Veterinary Office. Their shot records will be important when you get to your new home.

The office is open from 8 a.m. to 4 p.m. Monday through Friday. For more information, call 841-3994.

Leisure

Summer camp (Greene Lane Community Center,

Children of active duty, reservists, retirees and Department of Defense

civilians are invited to register for the Military Youth Activities (MYA) Sum-

Children will participate in ageappropriate indoor and outdoor activ- Fee is \$5 for six weeks. ities, field trips, crafts and much more. Full payment for the first week of camp mer Strength, lifecycles, treadmills, and a \$20 non-refundable deposit per free weights, etc available; also rac-

Registration for children of active duty only will be accepted through 1474) May 24. All other authorized patrons may register their children beginning May 28. Registrations will be accepted Monday through Friday at Gym 109 from 8 a.m. to 4 p.m. An income- class set to music. Designed for runbased fee chart is available at Gym 109. ners, walkers and people of all fitness MacDonald at Gym 109 at 841-7196.

Swimming (Pool 307 841-6628)

day from 4:45 to 5:45 p.m. Cost is \$3 enjoying a vigorous cardiovascular per class or \$25 for 11 classes. •Recreational swimming:

active duty and reservists only, Mon- call Fitness Plus at 841-1474. day-Friday, 11 a.m. to 12:15 p.m.

—Lap Swim for all authorized patrons (fees apply), Monday to Friday, 12:15 to 1 p.m.; Monday to Thurs-days a week to send and receive email, day, 3 to 8 p.m.; Friday, 3 to 6 p.m.; Saturday, 7 to 9 a.m. (six lanes available) and 9 to 3 p.m. (three lanes available); and Sunday, noon to 3 p.m.

(fees apply), Monday & Wednesday, 3 Center kitchen. to 8 p.m.; Friday, 3 to 6 p.m.; Saturday, 9 a.m. to 3 p.m., and Sunday, noon to 3

—Family Fun Swims, Friday 7 to 8:45 p.m. and Sunday, 3 to 5 p.m.; \$3 per family. Have a splashing good time with your air mats, wacky noodles and

lifeguard approved toys

Bowling

(Building 656, 841-4293) Seaview Lanes is open Wednesday-Friday, 5 to 10 p.m.; Saturday 1 to 7 p.m. and 8 to 11 p.m. (every other Saturday for Rock 'n Bowl); and Sunday, 1 to 7 p.m.

Specials:

—"Rock and Bowl" June 1 and 15, \$7 per person, including shoe rentals. At 8 p.m. Seaview Lanes turns down the at 6 p.m. Monsters Inc.(PG); 8 p.m. Collights and the DJ spins all the hottest

rock and roll hits. —Sunday special is \$7 an hour from

1 to 7 p.m. for two people.. Saturdays and Sundays and include Down (R).

reserved lanes with or without bumpers. A party table with chairs is also included. Cost is just \$5 for each

child, including shoe rental..

Bumper bowling is always available. Gymnasium

(Gym 109, 841-3154) •Fitness Walk 'n Tone, designed for Camp begins June 24 and runs in patrons age 50 and up. Stretching and one-week sessions through Aug. 30. muscle toning exercises as well as 20-Camp will be held at the Greene Lane plus minutes of fitness walking around Community Center in Greene Lane the gymnasium. Classes are held Monday and Thursday 8 to 9 a.m. in Gym 109. Call for space availability.

•Fitness equipment such as Ham-

Aerobics/exercise (FITNESS Plus, Building 355, 841-

Summer hours of operation are Monday to Friday, 5 a.m. to 7:30 p.m.; closed weekends and holidays.

•Treadmill 'trekking': group fitness For more information, call Scott levels, Wednesday, 6 to 7 a.m. and is limited to the first six participants.

•"Vinyasa": a dynamic yoga class, emphasis on breathing techniques • Water aerobics, Tuesday and Thurs- and proper posture alignment while workout. Wednesdays either 6 to 7 a.m. or 4:45 to 5:45 p.m. Six week class for —Active Duty Lap Swim, free for \$60. Yoga mat required. To pre-register,

Computer Café

(Building 656, 841-2194) •Personal computers available seven surf the web, play games, etc.— all at no charge. Open Monday through Friday at 6:30 a.m.; Saturday, 3 to 11 p.m. and Sunday, noon to 8 p.m. Food —Open Swim for authorized patrons menu available from the Recreation

Music/games

(Building 656, 841-3054) •Lunchtime BINGO, Thursday and Friday only. Cover all the numbers on your BINGO card within the designated amount of numbers called and you will win \$500! If no one wins, play continues until a good BINGO is called, winning that lucky person \$100.

Three regular games each day with \$30 prizes for every BINGO called. Jackpot game begins at 12:30 p.m. •Karaoke, every other Saturday

On base movies

night, May 25 and June 8, at 8 p.m. No

•Officers' Club — Tuesday, May 28, lateral Damage (R)

•Recreation Center — Beginning tonight the following movies will be shown upon request, starting at 5 p.m.: —Bowling birthday parties available The Majestic (PG) and Black Hawk



HM2 Michael Duff/U.S. Navy photos

ALL THE RIGHT MOVES — Hospitalman Stephanie Medina shows Dr. (Lt. Cmdr.) Nicholas Cardinale a native Hawaiian dance at the Naval Ambulatory Care Center's observance of Asian-Pacific American Heritage Month last Friday.

Asian-Pacific heritage sampled in food, dance

BY R. ALEXANDER Navalog editor

Naval Ambulatory Care Center, Newport, sponsored an Asian-Pacific American Heritage Month celebration last Friday that included a variety of the history, music, dance, and ethnic food of the Pacific Rim.

The theme of the observance was "Unity in Freedom," and the festivities were held outside Physical Thera-

Masters of ceremony were Lt. Lorie Conza from the Family Practice Clinic, and Hospital Corpsman First Class Joselito Jamero from Clinical Pathology.

A welcome address was given by Capt. Kris-

tine J. Hanson, Director HOSPITALMAN SueEllen Valle, left, moves the tinikling bamboo poles as Hospitalman for Clinical Services. Retired Senior Chief Stephanie Medina, right, teaches Hospital Corps-

ation of Newport County.

Anthony A. Cercena, man Third Class Christopher Ordonez some from Medical Records, dance steps. also offered remarks.

He also prepared traditional Filipino Cercena is the advisory chairman and "lumpia" for the menu. coordinator of Navy Affairs to the President of the Filipino-American Associ- ASIAN-PACIFIC, Page 13

Newport Gulls to host military

June 11 also Naval Station's 'Command Day at the Ballpark'

The Newport Gulls baseball U.S. Marine Corps Detachteam, the 2001 New England ment color guard; Mayor Collegiate champion, invite all Richard Sardella of Newport; servicemembers to "Military several Newport city Council

p.m. at Cardines Field in Newport. T h e event is sored by



evening will highlight local weather permitting. military personnel and the 2002 Sailors of the Year.

Station Newport's own "Com- out.

Other military and public bers. officials expected include Chaplain (Cmdr.) Jim Fisher, adults and 25 cents for chil-Naval Chaplains School; the dren.

Appreciation Night" on June 11 members; U.S. Rep. Patrick Kennedy, D-R.I. and 2002 Sailors of the Year. T h e Rhode

Island A i r National Guard will provide a fly-by,

There will be free parking for the first 100 patrons, and June 11 will also be Naval American flags will be handed

mand Day at the Ballpark." Complimentary tickets are Capt. Ruth A. Cooper, Com- available at Ticket Connection. manding Officer, NAVSTA, is Building 656, and will be expected to through out the issued to active duty military first pitch in the Gulls first members, only. Tickets are home game of the season limited to four per person and against Thread City, Connecti- must be used for immediate family of the military mem-

Fleet and Family Support Center

Good Navy sponsors can make difference

The difference between a In order to prepare you to be good transfer and a bad one a Navy sponsor, the Fleet and work at Ney Hall galley, regucan sometimes be the first Family Support Center is conimpression a new member and ducting a Sponsor Training They are Kyle Marshall, Lisa his or her family get when they Workshop on Thursday, May arrive at the new duty station. 30, from 9 to 11 a.m. This That is why the Navy Sponsor training provides information Program was established.

The sponsor plays a big part of sponsorship duties.

pertinent to the performance

in making the first impression
It is valuable for individuals a positive one. A sponsor is a who will act as sponsor or "friend" who is willing to help department representatives relocating personnel and their selecting sponsors. Because at 1:30 p.m. when runners repfamilies when transferring on the military spouse plays such resenting local police and fire 0, 15-5 Permanent Change of Station a vital role in the Sponsor Pro-SPONSORS, Page 13



BODY ENGLISH — Navy Lt. Tricia Boerger guides the ball with her body at the Armed Forces Women's Soccer Championship being held at Fort Eustis, Va., beginning last week. Army, Marines, Navy, and Air Force women from duty stations all over the world battled it out to the championship match today.

Ney Hall galley workers to enter Special Olympics

sity of Rhode Island, May 31 to Rhode Island.

aquatics; bowling; cycling; gymnastic; motor activities training program; powerlifting and unified soccer.

Several athletes from the James L. Maher Center, who larly compete at the games. Caton, Joe Coelho, Lisa Lagasse, Jessie Lanterman, Cindy O'Donnell, Mike Heins. Judy Merriwether, Stephen Drew, Rick Bevalente, Mark Macko, and David Marshall.

The weekend's festivities will begin at the State House June 1 departments, the R.I. Department of Corrections, State

KINGSTON—Special Troopers and FBI will relay the First Class (SW) Stephen Olympics Rhode Island will "Flame of Hope" Torch Blease at the Naval War Col-General admission is \$1 for hold its 34th annual State through various cities and lege. Summer Games at the Univertowns to the University of

> This year's Summer Games vide numerous support for and friends are welcome to will be the biggest and most these events, and once again help. exciting yet, as over 1,500 ath- there's a need, said Interior For more information, conletes will compete in athletics; Communications Electrician tact Blease at 841-2416.

Military members can vol-

unteer for a day or the entire Each year volunteers pro- weekend. Spouses, families

NWC Juniors rule nets in volleyball

Juniors won the Intramural 10, 15-1 Volleyball League Tournament The Replacements def. DLIRT, 15last week, winning two straight 9, 15-9 games out of three against

The tournament results: May 6 DNR def. REDCOM, 15-4, 15-13 NWDC def. NWC Seniors, 15-11, 13-15, 15-4 The Replacements def. Misfits, 15-

NAPS def. DNR, 15-7, 15-8

The Naval War College NWC Juniors def. SWOS DOC, 15-

H&Q def. NWDC, 15-12, 15-2

H&Q def. NAPS, 15-11, 11-15, 15-

May 14 NWC Juniors def. The Replace-

ments, 15-6, 15-10

May 15 NWC Juniors def. H&Q, 15-3, 15-7



WELL DONE— Capt. Ronald Brinkley, left, Commanding Officer, Surface Warfare Officers School Command, congratulates Ens. Darren E. Thompson who was awarded the Admiral Arleigh Burke Award, the highest award given to a Division Officer Course graduate, in ceremonies last Friday at Spruance Hall, Naval War College. Story, Page

Sponsors.

Continued from Page 12

States is available at this Station housing must comworkshop. Registration is plete this program before required and may be made by being left alone in Navy houscalling 841-2283.

— Come to the Fleet and Fam- dren are capable of staying J. Tutson, independent duty ily Support Center on Friday, home alone; that remains a corpsman at King Hall, Naval May 31, from 11:30 a.m. to 1 parental decision. Registration Education and Training Cen- and speed. It involves dancers Heredia, a 1986 graduate of the p.m. to learn what a dramatic is required and may be made ter; Hospitalman Raysa M. impact your credit report can by calling 841-2283. have on your financial stabili-

contained in your credit from 11:30 a.m. to 1 p.m., to report; how to analyze it; what learn more about insuring your credit score is and how it your family. Hear about the is computed; and how major Survivor Benefit Plan, term life events impact your credit. and whole life insurance, indi-Call 841-2283 to register for vidual retirement accounts, this informative workshop.

Home By Myself program will tions are required and may be be held at the Fleet and Family made by calling 841-2283. Support Center on Saturday, Anger management June 1, from 9 a.m. to 12:30 Come to the Fleet and Family

be left alone at home will be this informative workshop on USS Mobile Bay (CG-53). presented. Fire and police anger management. Anger is a safety tips, basic first aid, and powerful feeling. accompanied by an adult.

the age of 13 living in Naval by calling 841-2283.

ing. Completion of this pro-Reading your credit report gram does not certify that chil-

Insuring Your Family— Come to the Fleet and Family Learn what information is Support Center on June 4, education plans, and long-Home by Myself — The term care insurance. Reserva-

Support Center on June 6, Skills for children who may from 11:45 a.m. to 1 p.m., for

role playing will be part of the It can be used destructively program. A pizza party and or it can be used for positive certificate presentation will change. Learn how to manage life for the better. Registration By 2002 all children under is required and may be made



CULTURE INSIGHT — Capt. Ruth A. Cooper, right, Commanding Officer, Naval Station Newport, listens to Armando B. Heredia, a 1986 graduate of the Naval War College and a doctoral candidate at Salve Regina University, speak at NAVSTA's observance of Asian-Pacific American Heritage Month at the Officers' Club.

Asian-Pacific _____

Continued from Page 11

Members of the Filipino- performed by Hospital Corps-Class Glen Bugauisan from Easter and SueEllen Valle. Radiology, Hospitalman Trina Basbas from Women's Health,

Dance coordinator was Bar- Romero was choreographer. bara Smith and her son, Don-

port Hospital.

The entertainment consist- Hospitalman Marisol San-

ed of native Hawaiian dance maniego.

tributed to the celebration Jones, and Hospitalmen dishes. were Hospital Corpsman Third Stephanie Medina, Tiffany Last Thursday, May 16, Naval

and Mrs. Elsie Romero of New- together. Dancers were Medina and Donald Smith, and

Clicking the poles together

were Hospitalman Valle and

The luncheon offered a vari-American Society who con- man Second Class Anissa ety of traditional Asian-Pacific

> Station Newport celebrated Also demonstrated was Asian-Pacific Heritage Month "Tinikling," an imitation of the was a program at the Officers' tinikling bird's legendary grace Club. Speaker was Armando B. stepping between heavy bam- Naval War College and a docboo poles as they are clicked toral candidate at Salve Regina University.

> > The program included a cake-cutting by Capt. Ruth A. Cooper, commanding officer, NAVSTA, and was sponsored by the Equal Employed Opportunity Advisory Committee.

Dziedzic

Continued from Page 4

In 1992 he reported to Naval Space Surveil- years of sea duty. lance Center in Dahlgren, Va., to supervise several work centers within the command.

numerous area deployments were the highlights of his tour. He and his family returned to the states in

October 1998, reporting for duty at Surface Medal, Military Outstanding Volunteer Service follow. Children must be your anger and change your Warfare Officers School Command as Depart- Medal, Southwest Asia Service Medal (three ment Head Training Instructor.

Dziedzic has visited 44 countries in almost 12 Navy Expert Pistol Medal.

His awards include the Navy Commendation Medal (two awards), Navy Achievement Medal, Overseas assignment took Chief Dziedzic and Navy Unit Commendation (two awards), Merihis family to Yokosuka, Japan, while assigned to torious Unit Commendation (three awards), Battle "E" Award (four awards), Good Conduct Two additional trips to the Persian Gulf and Medal (five awards), Navy Expeditionary Medal (three awards), National Defense Service Medal (two awards), Armed Forces Expeditionary Medal (two awards), Humanitarian Service awards), Sea Service Deployment Ribbon (eight In his nearly 24 years of Naval service Chief awards), Kuwaiti Liberation Medal (Kuwait),

ANNIE'S Bellevue Ave. Cof ply @ 176 Bellevue nue, ask for Eileen.

AQUIDNECK EMPLOYto join our busy team temporary employees work-ing locally on Aquidne Island. Secretarial, Rec tion, Clerical, and ligh tion, Clerical, and ligr dustrial positions avail on a short or long-te basis. Some could lead t permanent. No Fees! Please call 847-2898 schedule an interview.

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time position avail. at apt. community. Benefit avail., experience required by the same at the same at

ing the Providence Journa Early morning routes. Gre extra income. Call Mik 683-7802. ENERGETIC, dependable

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salalala

HOUSEKEEPER. Full-time for busy retiremer community. Apply in per son, Blenheim Newport, 303 Valley Rd., Middletow

ply in person Howard Johnson Inn, Middletown Or call Jeff Miller, 849-ext. 304.

seeking part-time staff its retail tasting room. position includes givi tours, wine tastings, p cessing orders and oth odd jobs. Please visit apply, 909 East Main Rd

Apply in person, Wendy's 62 Valley Rd., Middletow

010 - Help Wa: w/USCG lic. Good pay & hours. 846-1969 ext. 1. nours. 846-1969 ext. 1.

OFFICE MANAGER- Parttime, 15-20 hrs./wk., f ble schedule. Establishe Portsmouth business ownerseeks articulate perwistrong organizational telephone skills to managmy in home office. Divertasks, must be comfortabl w/people, numbers, Microsoft Word and the internet. Car require Send resume or letter inquiry 682-1381, or e-masandcastles96@aol.com ONLY A DOLLAR IS COM-

Great opportunity for

RETAIL MANAGER party EARN \$140/WEEK deliver

to assist male, morning and/or nights. Please constant states and states and states are states are states and states are vice skills and be de oriented. Please call 8 3033 or fax resume t 847-8543.

HOUSEKEEPERS: Individ-ual must have strong cust tomer service skills and detail oriented. Please 849-3033 or fax resume t 847-8543. Must have valid drive license. Apply in perso Johnny's Getty, 795 Wes Main Rd., Middletown.

motovated people for ou late night closing shift. to start. Hrs. are fle

cashiers, merchandiser and supervisors. Appl 1372 West Main Rd. Mon-Fri 9am-4pm.

PART-TIME DRIVER for local laundry. Apply in g son at Shop & Wash, 1376 W. Main Rd., Middletown.

PERSONABLE, positive person for a variety of dut including retail sales, ping, glass finishing. train. Some weekends. Apply in person at Thame Glass, 688 Thames Street REAL ESTATE 2 positions avail. for new licensee experienced agent; to in sales & rentals. Will t America's Realty, 846-188 Diane or Shelley for cor dential interview. RESTAURANT - Cooks, servers, bussers, dishwa hers. Fun, new restaura opening in Jamestown.

right people. Excellent p flexible schedules, App @ Tricia's Tropi-grille, Narragansett Ave. or ca Chuck @ 423-1490 for info goods & cake decorating experience preferred. App Toppa's, 951 Aquidneck Ave., Middletown.

Ave., Middletown.

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conscientious, enjoy wori
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desire a stable team, th
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competitive pay differenti
Fax your resume to Kath
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or call 849-3204. You'll
glad you did. E.O.E. SERVICE STATION ATTEN-DANT, full & part-tin

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um, wooden bench, lots o quality brand name clothe & misc. Sat. 5/25, 7a 1pm, 250 Old Mill Ln Portsmouth 849-7044.

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ANTIQUE Queen Anne style dining room set. Incl. sideboards, china cabine round table & 6 chair Dark walnut veneer, askin \$600. Call Bob 847-8056.

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Navy-wide news

New fitness gadgets and pills promise false health miracles

GUAM (NNS) — Late at night with the TV remote control in hand, it doesn't take long to come across an infomercial with enthusiastic sales people touting the latest gadget or cream to make one lean, fit, healthy, beautiful or pain-free.

Among the crop of late night shopping include electronic simulators for the abs, facial exercisers, exercise machines that take only a few minutes a day to get fit, and super stuff for pain relief. Lt. i.g. Dan Hollingsworth, head of the physical therapy department at U.S. Naval Hospital Guam cautions would-be buyers with an age-old adage.

"If it sounds too good to be true, it probably is," he said. "There is a lack of clinical research on these types of products to support that they do work."

Electric ab simulators are offered under several brand names and seem to permeate the infomercial and Internet market.

"Electronic muscle stimulation is usually used on injured patients to help maintain some muscle strength, but there is no commercials claim," Hollingsworth said. Using an electronic stimulator can cause a contraction of the muscle, but Hollingsworth adds that it doesn't do any better job than doing it voluntarily. "

USS Cowpens visits Japan for its Black Ships Festival

SHIMODA, Japan (NNS) — USS Cowpens (CG 63) arrived in By CORIE HAYES Shimoda, Japan, May 16, participating in the 63rd annual Black Command Leadership School Ship Festival.

Shimoda's Black Ship Festival is designed to promote the theme of peaceful relations between the Japanese and American Leadership School, Spouse and how much she has grown day's activities. people, and commemorates the 1854 landing of Commodore Course, had the opportunity to Oliver Hazard Perry of Rhode Island, and the signing of the meet with Connie Clark, wife Japan-American treaty of trade and amity at Shimoda.

A similar festival will be held in June in Newport, R.I., Shimo- at Perry Hall. da's sister city.

Cowpens is a multi-mission platform, capable of performing Operations, and was guest long range strike operations and conducting battle group inte-speaker last Friday at the grated functions such as air, surface and sub-surface warfare. Destroyer Centennial Ball at Cowpens can operate as part of a carrier battle group or an the Officers' Club. amphibious force, independently, or it can serve as the flagship of a surface action group.

The Ticonderoga-class cruiser carries a complement of 24 Nancy Townes spoke to spousofficers and 340 enlisted Sailors. Forward-deployed to Yokosuka, es about how they had Japan, USS Cowpens is commanded by Capt. Charles Dixon.

'Naval Fires Network' to 'deploy' with carrier

WASHINGTON (NNS) — When the USS Abraham Lincoln (CVN 72) Battle Group deploys this summer, it will bring along a and the Spouse Course stuwarfare system that's been called the most transformational dents were then invited by effort in the Navy — the Naval Fires Network (NFN).

NFN is a network-centric warfare system that provides real Clark for lunch at the quarters time intelligence correlation, sensor control, target generation, of Rear Adm. and Mrs. Rodney mission planning and battle damage assessment capabilities, while also enabling real-time engagement of time critical tar- Island. Rear Adm. Rempt is

This capability will allow ships in a battle group to share real lege. time targeting and intelligence data with each other, as well as with other warfighting assets in a joint or coalition task force. longtime friends, and Mrs. Naval Sea Systems Command (NAVSEA) and the Program Exec- Rempt has been a strong suputive Office for Theater Surface Combatants in Washington D.C., porter of the Spouse Course are responsible for NFN development and deployment to the since arriving in Newport. fleet. According to the Lincoln's battle group commander, NFN will help deploying forces get the most out of current investments in command and control capabilities.

"We know to begin with how to package information products each student with a personalfor strike missions," said Rear Adm. John Kelly, in a May 9 story ized copy of a book about in Defense Daily. "NFN allows us to do that packaging more naval traditions. She then quickly and to produce higher quality products."



evidence that it can cause the type of muscular gains like the MRS. CONNIE CLARK, center, wife of the Chief of Naval Operations, presents an autographed textbook to Mrs. Kris Huete, a student in the Command Leadership School Spouse Course last week in Perry Hall, while course coordinator and lead instructor Corie Hayes, right, looks on.

CNO's wife visits Spouse Course

of Adm. Vern Clark, on May 14

Adm. Clark is Chief of Naval

Earlier in the day Rear Adm. John W. Townes III and Mrs. approached their command experience. Rear Adm. Townes is Vice Chief of Naval Education and Training.

The Towneses, Mrs. Clark Mrs. Pam Rempt to join Mrs. Rempt on Coasters' Harbor president of the Naval War Col-

The Rempts and Clarks are

After lunch, Mrs. Clark visited the school and presented spoke about being a role

model as a commanding offi- and learned through these cer spouse, the challenges that experiences.

she personally faces while sup- Donna Rubel, secretary for Students at the Command porting her husband as CNO, Adm. Rempt, coordinated the



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